



Participant Preparation Sheet

Crucial Conversations Training provides high-leverage skills for effectively holding conversations where there are high stakes, opposing opinions, and strong emotions.

Throughout the training you will have the opportunity to apply **Crucial Conversations** principles and skills to real life challenges you may be facing. To make your training experience as beneficial to you as possible, you should come prepared with a few potential **crucial conversations** in mind that will help you fully apply the skills you will learn, and measure the effectiveness of the training.

Part 1

Consider some of the common disagreements you face in your relationships, teams, or organization.

Consider what crucial conversations, if handled well, would significantly improve results that are important to you personally. Think of a conversation you're either dreading, or avoiding altogether. In short, think of a few conversations that if you learned how to step up to and handle well, would improve results significantly.

Part 2

List a few of the crucial conversations that, if handled well, would make your life better and would improve results.

1. _____

2. _____

3. _____

Bring this worksheet with you to your training to learn the principles and skills that will help you improve results and hold even your most difficult crucial conversation.